



Moist Applesauce Chiquita Banana Loaf

Ingredients for 2 persons

- 2 very ripe Chiquita Bananas, skins should have brown spots, roughly mashed
- 1/2 cup applesauce
- 2 large egg, beaten
- 3/4 cup maple syrup
- 2 tbsp honey
- 1 1/2 cups whole-wheat flour
- 1 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/4 tsp salt
- 1/2 tsp cinnamon

