



Quick Chiquita Banana Cornbread

Ingredients for 2 persons

- 4 ripe Chiquita Bananas with yellow-brown peels, peeled and mashed
- 1 1/2 cup reduced fat milk
- 4 tbsp coconut oil, melted
- 2 eggs
- 2 tbsp honey
- 1 1/2 cups yellow cornmeal
- 2 cup whole-wheat flour
- 4 tsp baking soda

