



✂️ Snack ⏱️ 15 min

Tropical organic Chiquita banana split with coconut and mint

Ditch the dairy and power up with a plant based snack or breakfast: The tropical organic Chiquita banana split with coconut and mint recipe. P.S. Don't forget to wear your sunglasses for an extra tropical a-peel!

1

Peel and cut the Chiquita bananas in half lengthwise.

2

Cut the mango and kiwis in pieces. Cut the strawberries in half.

3

Bake the shredded coconut for approximately 5 minutes on low heat.

4

INGREDIENTS FOR 2 PERSONS

- 2 Chiquita bananas
- 2 kiwis
- 1 mango
- 10 strawberries
- 4 tbsp shredded coconut
- 4 tbsp coconut yogurt
- 10 mint leaves
- lime juice

NUTRITIONAL VALUES PER PERSON

- 436 Calories
- 12,9g Fat
- 9,9g Saturates
- 65,5g Carbohydrate
- 54,9g Sugars
- 11,3g Fiber
- 6,6g Protein
- 0,2g Salt

Drop the Chiquita bananas on a plate and add the chopped fruits on it. Top with the shredded coconut and mint leaves. Sprinkle at the end some lime juice at the end.