



✂ Breakfast ⌚ 5 min

Chiquita banana split breakfast with red fruits and peanut butter

For a healthier twist on one of America's favorite desserts, try this Chiquita banana split breakfast - topped with red fruits and peanut butter for a protein-packed and colorful dose of morning deliciousness.

1

Peel and cut the Chiquita bananas in half lengthwise.

2

Cover the Chiquita bananas with the peanut butter.

3

Top with the mixed red fruits.

INGREDIENTS FOR 2 PERSONS

5 Chiquita bananas
3 tbsp peanut butter
1 cup of mixed red fruits

NUTRITIONAL VALUES PER PERSON

609 Calories
18,3 g Fat
3,4 g Saturates
74,3 g Carbohydrate
52 g Sugars
10,5 g Fiber
10,8 g Protein
0,2 g Salt