

Breast Cancer



What breast cancer screening tests are recommended for someone my age?

Guidelines for women at average risk.

Ages 40 to 44

Option to get screened

Women should have the option to start screening with a mammogram every year.

Ages 45 to 54

Get screened every year.

Women should get a mammogram every year.

Ages 55+

Get screened every other year.

Women can switch to a mammogram every other year, or they can choose to continue yearly mammograms. Screening should continue as long as a woman is in good health and is expected to live at least 10 more years.

Have Questions About Screening?

Visit cancer.org/getscreened for cancer screening FAQs, including information about how to schedule a screening test, how to afford screening with or without insurance, and more.